
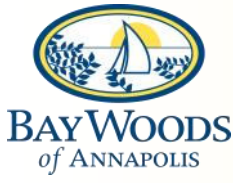


The CORE: May 2026

COMMUNITY
ORIENTED
RETIREMENT
EXPERIENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>April BANR Honorees</p>		<p><u>May Birthdays</u></p> <ul style="list-style-type: none"> Ardis Henderson 5/4 Darlene Marashlian 5/10 Beth Mainiero 5/11 John Ehlers 5/13 Ken Henry 5/13 Margaret Morris 5/13 Hannah Reed 5/15 Sondra Markim 5/16 Jack Coolidge 5/18 Marilyn Coolidge 5/23 Mike Long 5/23 Fred Stielow 5/28 Dee Brown 5/30 		<p><u>May Anniversaries</u> Charles & Marie White 5/1</p>		<p>1</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:30 Grocery Run (SUR) 10:00 Gentle Yoga (CAR) 10:30 Coffee Social (Bistro) 10:45 Zumba (FC) 11:00 The Breeze/Bay Window Committee (CR) 1:00 First Friday Fitness Workshop: DynaBand Workout (FC) 1:30 Bunco (CR) 2:00 Book Club (Lib) 3:00 Short Stories for Listening & Discussion (CR) 	<p>2</p> <ul style="list-style-type: none"> 9:00 Tai Chi (FC) 9:00 Intermediate Yoga with Sondra 10:30 Backyard Croquet (CC) 2:00 Board Games (CR) 3:00 Ping-Pong (CAR) Pool Operator: Mike Long
<p>3</p> <ul style="list-style-type: none"> 9:30 Mindful Meditation (CAR) 10:00 Church Runs 1:00 Card Game: Canasta (CAR) 4:00 Bocce Ball (CC) Pool Operator: Mike Long 	<p>4</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 9:30 Grocery Run (SUR) 10:30 Coffee Social (Bistro) 1:00 BCHC Building & Grounds Committee (NH) 1:00 Errand Run (SUR) 1:00 Arts Committee Meeting (CR) 2:00 Current Events (CR) 2:00 Line Dancing (NH) 7:00 Social Bridge (CR) 	<p>5</p> <p>Cinco De Mayo</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 10:30 Drumming - All Levels (FC) 11:05 Seated Class - Level 1 (FC) 2:00 NO Chair Yoga (CAR) 2:00 Duplicate Bridge (CR) 2:30 NO Mah-Jong Lessons (CAR) 5:15 Cinco De Mayo Dinner (MDR) (SUR) 	<p>6</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 10:30 Coffee Social (Bistro) 10:30 BCHC Board Meeting (NH/C971) 1:00 Catholic Communion (NH) 1:00 Partnership Duplicate Bridge (CR) 2:00 Card Game (CAR) 3:00 Gametime with Rana: Name the Country (NH) 3:00 Ping Pong (CAR) 7:00 Poker Night (Lib) 	<p>7</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 10:30 BWRA Meeting (NH) 10:30 Drumming - All Levels (FC) 11:00 Knitting, Crocheting, Needlework (CAR) 11-12:30 Creative Writing with Sondra (CR) 11:05 Seated Class - Level 1 (FC) 1:00 BINGO (NH) 2:00 Mah-Jong (CR) 2:00 Chair Yoga (CAR) 3:00 Uniguest Community App Refresher Class (NH) 5:15 Solo Dinner Table (MDR) 	<p>8</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:30 Grocery Run (SUR) 10:00 Gentle Yoga (CAR) 10:30 Coffee Social (Bistro) 10:45 Zumba (FC) 11:00 BayWoods Putting Challenge (PG) 2:00 Meet the Candidates (NH) 	<p>9</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 NO Intermediate Yoga with Sondra 10:30 Backyard Croquet (CC) 2:00 Board Games (CR) 3:00 Ping-Pong (CAR) 6:30 Outing: Classic Theatre of Maryland: 42nd Street (SUR) Pool Operator: Lee Derrick 	
<p>10</p> <p>Mothers Day</p> <ul style="list-style-type: none"> 9:30 Mindful Meditation (CAR) 10:00 Church Runs 11-2:00 Mothers Day Brunch (MDR) (SUR) 1:00 Card Game: Canasta (CAR) 4:00 Bocce Ball (CC) Pool Operator: Lee Derrick 	<p>11</p> <p>BCHC Election</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 9:30 Grocery Run (SUR) 10:30 Coffee Social (Bistro) 10:30 BCHC Annual Meeting (NH) 1:00 BCHC Activities' Working Session (HP) 2:00 Great Books (CR) 2:00 Line Dancing (NH) 3:30 Karaoke (Bistro) 7:00 Social Bridge (CR) 	<p>12</p> <p>Vote Counting</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 10:30 Drumming - All Levels (FC) 11:05 Seated Class - Level 1 (FC) 12:00 Counting of the Votes (NH) 2:00 Chair Yoga (CAR) 2:00 Duplicate Bridge (CR) 2:30 Mah-Jong Lessons (CAR) 5:00 Out to Dinner Bunch: La Sierra (SUR) 	<p>13</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 10:30 BCHC Finance Audit Capital Committee (NH/C971) 10:30 Coffee Social (Bistro) 11:30 ROMEO Club: Smokehouse Tavern—info on Bulletin Board 1:00 Partnership Duplicate Bridge (CR) 2:00 Card Game (CAR) 3:00 Library Committee (Lib) 3:00 Ping Pong (CAR) 5:00 Wednesday Night Race Narration from Dick Kammann (BSD) 7:00 Poker Night (Lib) 	<p>14</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 9:30 Outing: CRAB Sailing Trip (SUR) 10:30 Drumming - All Levels (FC) 11:00 Knitting, Crocheting, Needlework (CAR) 11-12:30 Creative Writing with Sondra (CR) 11:05 Seated Class - Level 1 (FC) 2:00 Mah-Jong (CR) 2:00 Chair Yoga (CAR) 5:15 Solo Dinner Table (MDR) 7:15 Outing: Colonial Players: Poor Clare (SUR) 	<p>15</p> <ul style="list-style-type: none"> 9:00 Cardio & Strength - Level 3 (FC) 9:30 Grocery Run (SUR) 10:00 Gentle Yoga (CAR) 10:30 Coffee Social (Bistro) 10:45 Zumba (FC) 12:00 BANR: Birthday Anniversary & New Resident Luncheon - resident(s) that have a birthday, anniversary, or have moved in during the month (MDR) 1:00 Protestant Communion (CAR) 1:30 Bunco (CR) 2:00 Movie: Mean Girls (NH) (1:32) 5:30 Tapas and Wine Pairing (Bistro) (SUR) 	<p>16</p> <p>Preakness</p> <ul style="list-style-type: none"> 9:00 Tai Chi (CAR) 9:00 Intermediate Yoga with Sondra 10:30 Backyard Croquet (CC) 11:00 Caregivers Support Group (CR) 2:00 Board Games (CR) 3:00 Ping-Pong (CAR) Pool Operator: Jim Clyne 	

Recreational programming will strive to present all activities as scheduled. Activities may change without notice.



The CORE: May 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 Mindful Meditation (CAR) 10:00 Church Runs 1:00 Card Game: Canasta (CAR) 4:00 Bocce Ball (CC) Pool Operator: Jim Clyne	18 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 9:30 Grocery Run (SUR) 10:30 Coffee Social (Bistro) 1:00 Errand Run (SUR) 2:00 Line Dancing (NH) 7:00 Social Bridge (CR)	19 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 10:30 Townhall (NH) 10:30 NO Drumming 11:05 NO Seated Class Level 1 (CAR) 1:00 Afternoon at the Opera: La Boheme by Puccini (NH) 2:00 Chair Yoga (CAR) 2:00 Duplicate Bridge (CR) 2:30 Mah-Jong Lessons (CAR)	Blue Angels 20 9:00 Cardio & Strength - Level 3 (FC) 9:45 Cardio & Strength - Level 2 (FC) 10:30 Coffee Social (Bistro) 1:00 Partnership Duplicate Bridge (CR) 2:00 Blue Angels Air Show (BSD/Pier) 2:00 Card Game (CAR) 3:00 Ping Pong (CAR) 7:00 Entertainment: Spring Cantata from Galesville Choir (NH) 7:00 Poker Night (Lib)	21 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 10:30 Drumming - All Levels (FC) 11:00 Knitting, Crocheting, Needlework (CAR) 10:30-12:00 Classic Seminar with Louis Petrich (PDR) 11:05 Seated Class - Level 1 (FC) 2:00 Mah-Jong (CR) 2:00 Chair Yoga (CAR) 3:00 Baltimore Council on Foreign Affairs: Transactional Diplomacy under the Trump Administration: Can It Work? (HP) 5:15 Solo Dinner Table (MDR)	22 9:00 Cardio & Strength - Level 3 (FC) 9:30 Grocery Run (SUR) 10:00 Gentle Yoga (CAR) 10:30 Coffee Social (Bistro) 10:45 Zumba (FC) 1:30 Bunco (CR) 3:00 Gametime with Rana: Price is Right (NH) 7:00 Entertainment: Chesapeake Chorale (NH)	23 9:00 Tai Chi (CAR) 9:00 Intermediate Yoga with Sondra 10:30 Backyard Croquet (CC) 2:00 Board Games (CR) 3:00 Ping-Pong (CAR) Pool Operator: Ed Paglee
24 9:30 Mindful Meditation (CAR) 10:00 Church Runs 1:00 Card Game: Canasta (CAR) 2:00 Movie: Pretty Woman (NH) (2:05) 4:00 Bocce Ball (CC) Pool Operator: Ed Paglee	Memorial Day 25 11-2:00 Memorial Day Picnic (Tent) (SUR) 7:00 Social Bridge (CR) <div style="border: 1px solid black; padding: 5px; background-color: #ffffcc;"> <p>Administration Office CLOSED No Transportation No Housekeeping Bistro is CLOSED Sandbar is CLOSED Delivery of the Meal of the Day can be done with a note from the Nurse Navigator.</p> </div> Pool Operator: Lee Derrick	Senior Fit Week 26 9:00 Tai Chi (CAR) 9:00 Aqua Fit (Pool) 9:00 Barre Class with Terry (FC) 10:30 Maritime Nature Walk (BSD) 11:05 NO Seated Class - Level 1 (FC) 1:00 BCHC Activities Committee (NH) 2:00 Musical Hoops (Tent) 2:00 Duplicate Bridge (CR) 2:30 Mah-Jong Lessons (CAR)	Senior Fit Week 27 9:00 Chair HIIT Class with Terry (FC) 9:45 Cardio & Strength - Level 2 (FC) 10:30 BCHC Board Meeting (NH) 10:30 Coffee Social (Bistro) 11:00 Obstacle Course (Tent) 12:00 Out to Lunch Bunch: Pirate's Cove (SUR) 1:00 Partnership Duplicate Bridge (CR) 2:00 Card Game (CAR) 2:00 Echoes of Nature: Jurassic Jaunt (Tent) 3:00 Ping Pong (CAR) 5:00 Rain Date: Wednesday Night Race Narration from Dick Kammann (BSD) 7:00 Poker Night (Lib)	Senior Fit Week 28 9:00 Tai Chi (CAR) 9:00 North vs South Tower Water VolleyBall (Pool) 10:30 Drumming - All Levels (FC) 10:30 BYOB Annapolis Tiki Cruise (SUR) 11:00 Knitting, Crocheting, Needlework (CAR) 11-12:30 Creative Writing with Sondra (CR) 11:05 Seated Class - Level 1 (FC) 1:00 BINGO (NH) 2:00 Mah-Jong (CR) 2:00 Barre Class with Terry (CAR) 3:00 Transitions Meeting (CAR) 3:00 Great Decisions: Ukraine & EU Security (NH) 5:15 Solo Dinner Table (MDR)	Senior Fit Week 29 9:00 Fort McHenry and Lunch Outing (SUR) 9:30 Grocery Run (SUR) 10:30 Coffee Social (Bistro) 10:45 Zumba (FC) 11:00 Health Care Informational Meeting (NH) 1:30 Craft: Candle Tin Painting (SUR) 1:30 Bunco (CR) 3:45 GameTime with Sondra (Bistro)	30 9:00 Tai Chi (CAR) 9:00 Intermediate Yoga 10:30 Backyard Croquet (CC) 2:00 Board Games (CR) 3:00 Ping-Pong (CAR) Pool Operator: Lee Derrick

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9:30 Mindful Meditation (CAR)
 10:00 Church Runs
 1:00 Card Game: Canasta (CAR)
 4:00 Bocce Ball (CC)
 Pool Operator: Lee Derrick

KEY	BANR	Birthday, Anniversary & New Resident	HCC	Health Care Center
	BSD	Bayside Deck	HP	Heron Point Room
	BCHC	BayWoods Housing Corporation	Lib	Library
	BP	Back Patio	PDR	Private Dining Room
	BR	Admin Office Board Room	PG	Putting Green
	BWRA	BayWoods Resident Association	NH	Norair Hall
	CAR	Creative Arts Room	SUR	Sign-up Required, See Reservation Form
	CC	Croquet Court	970	Channel 970 - Schedule of Activities & Emergency Updates
	CR	Card Room	971	Channel 971 - Live Norair Hall Events
	FC	Fitness Center	972	Channel 972 - Board Room
MDR	Main Dining Room	973	Channel 973 - Movies and Online Events	

Extension for Hotlines

IT Services	ext. 2210
Housekeeping	ext. 2228
Maintenance	ext. 2226
Bistro Reservations (10 am - 3 pm)	ext. 2221
Pick Up (no voicemail option)	ext. 2312
Main Dining Reservations	ext. 2301
Main Kitchen (call when there are "to go" mistakes)	ext. 2303

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