

Dining Reservations/
Carry-Out Hotline:
(443) 837-0041

The CORE: November 2018

Maintenance/
Housekeeping Hotline:
(443) 837-1215

Sunday

Monday

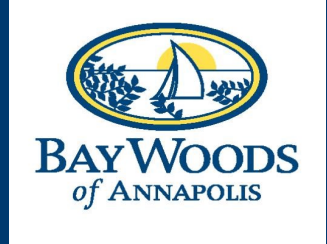
Tuesday

Wednesday

Thursday

Friday

Saturday



**COMMUNITY
ORIENTED
RETIREMENT
EXPERIENCE**



October OTLB to Stoney River

Daylight Savings Ends 4

9:00 Open Ping Pong (FC)
9:30 - 10:30 Church Runs
9:30 Mindful Meditation (CAR)
11:00 Sunday Brunch

2:00 Canasta (CAR)
2:15 Annapolis Opera presents: The Barber of Seville (MD Hall)
7:00 Movie: Empire of the Sun (HP)

5

8:30 Total Workout (FC)
9:00 First Grocery Run
10:00 Second Grocery Run
10:15 Stay Fit (FC)

1:00 Shop Around Town
1:00 Art Committee (Apt 315)
2:00 Current Events (CAR)
3:00 Women's Bible Study (CAR)
3:45 Chair Yoga - DVD (FC)

6

8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:15 Sit-N-Fit 2 (FC)
10:30 Spanish Group (CAR)
11:00 Election Voting Run (Meet in Lobby)
11:15 Sit-N-Fit 1 (FC)

2:00 Election Voting Run (Meet in Lobby)
2:00 Duplicate Bridge (Bar)
7:00 Movie: Catch-22 (HP)

7

8:30 Total Workout (FC)
10:15 Stay Fit (FC)
11:30 Out to Lunch Bunch (Sakura)

12:30 BCHC Board Meeting (CAR)
1:30 Catholic Communion (HP)
3:00 Yoga Live (FC)
4:00 BCFA (BWTC)
5:00 Open Ping Pong (FC)
7:30 Poker Night (Lib)

8

8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:15 Sit-N-Fit 2 (FC)
11:15 Sit-N-Fit 1 (FC)

1:00 Mah-Jongg (Bar)
1:30 BINGO with Doris (HP)
2:00 Balance Testing (FC— Sign-up required)
3:00 Dartmouth's Great Issues (HP)

9

Sandbar Market CLOSED
8:30 Total Workout (FC)
10:00 Veteran's Day Program of Remembrance (MDR)

2:00 Bucket Putt (FC)
2:00 Open Art Studio (CAR)

10

8:45 Tai Chi DVD (FC)
10:00 Open Ping Pong (FC)
11:00 Hookers and Purlers (CAR)

2:00 Board Games (CAR)
5:00 Saturday Buffet
7:00 Movie: The Fugitive (HP)

Veteran's Day 11

9:00 Open Ping Pong (FC)
9:30 - 10:30 Church Runs
9:30 Mindful Meditation (CAR)
11:00 Sunday Brunch

2:00 Canasta (CAR)
7:00 Movie: Game Night (HP)

12

8:30 Total Workout (FC)
9:00 First Grocery Run
10:00 Second Grocery Run
10:15 Annual Budget Meeting (Lobby)
10:15 Stay Fit (FC)

1:00 Errand Run
1:30 Great Books (HP)
3:00 Women's Bible Study (CAR)
3:45 Chair Yoga - DVD (FC)
7:30 Rhythm Band Practice (Alcove)

13

8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:15 Sit-N-Fit 2 (FC)
10:30 Spanish Group (CAR)
10:30 BWRA BOD (HP)
11:15 Sit-N-Fit 1 (FC)

1:00 OnSite Dermatology (HCC - By Appointment)
2:00 Duplicate Bridge (Bar)
2:00 Afternoon at the Opera: Tristan & Isolde (HP)
2:30 Shop Meeting (Shop)
7:00 Movie: Hotel Rwanda (HP)

14

8:30 Total Workout (FC)
10:15 Stay Fit (FC)
10:30 The Little Mermaid (Toby's Dinner Theater (Columbia, MD))

1:30 Catholic Communion (HP)
1:30 Library Committee (Lib)
3:00 Caregivers Support (HP)
3:00 Yoga Live (FC)
5:00 Open Ping Pong (FC)
7:30 Poker Night (Lib)

Lobster Night 15

8:45 Tai Chi DVD (FC)
9:00 Water Volleyball (Pool)
10:15 Sit-N-Fit 2 (FC)
11:15 Sit-N-Fit 1 (FC)

1:00 Mah-Jongg (Bar)
2:00 Fall Awareness (FC)
5:00 Lobster Night (MDR only No Lobster carry-out)

16

8:30 Total Workout (FC)
9:00 Dry Cleaner pick up (Zips, Giant and Commissary)
10:15 Stay Fit (FC)

1:00 Episcopal Communion (CAR)
1:00 Amish Market Run (Meet in Lobby)
2:00 Open Art Studio (CAR)
2:30 Tai Chi LIVE! (FC)
3:00 Book Club (HP)
4:00 Guest Performer: Ken Lelen Vintage Guitar (Lobby)
7:15 ASO: Love Stories, Oscars & Fairytales (MD Hall)

17

8:45 Tai Chi DVD (FC)
10:00 Open Ping Pong (FC)
11:00 Hookers and Purlers (CAR)

2:00 Board Games (CAR)
5:00 Saturday Buffet
7:00 Movie: Frost/Nixon (HP)

1

8:45 Tai Chi DVD (FC)
9:00 Podiatrist Visit (HCC - By Appointment)
9:15 Aquafit (Pool)
10:00 Breeze Committee (CAR)
10:15 Sit-N-Fit 2 (FC)
10:30 Finance, Audit & Capital Meeting (CAR)
11:15 Sit-N-Fit 1 (FC)

1:00 Mah-Jongg (Bar)

2

8:30 Total Workout (FC)
9:00 Ascent Audiology & Hearing (HCC - By Appointment)
10:15 Stay Fit (FC)
11:00 Activities Committee (HP)

1:00 Episcopal Communion (CAR)
2:00 Open Art Studio (CAR)
2:00 First Friday Fitness: Move Better, Feel Better, Live Better (FC)

3

8:45 Tai Chi DVD (FC)
10:00 Open Ping Pong (FC)
11:00 Hookers and Purlers (CAR)

2:00 Board Games (CAR)
5:00 Saturday Buffet
7:00 Movie: Secondhand Lions (HP)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>9:00 Open Ping Pong (FC) 9:30 - 10:30 Church Runs 9:30 Mindful Meditation (CAR) 11:00 Sunday Brunch</p> <p>2:00 Canasta (CAR) 7:00 Movie: <u>The Madness of King George</u> (HP)</p>	<p>19</p> <p>8:30 Total Workout (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Stay Fit (FC) 10:30 Heritage Baptist Church Choir (HC4) 11:00 Minds in Motion with Eleanor (CAR)</p> <p>3:00 Women's Bible Study (CAR) 3:45 Chair Yoga - DVD (FC) 4:00 BCFA (BWTC) 6:30 SCCA: Vocal Trash (Southern High School)</p>	<p>20</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Town Hall Meeting with Frank McGovern (Lobby) 11:15 Sit-N-Fit 1 (FC)</p> <p>1:00 House Committee (CAR) 2:00 Sit-N-Fit 2 (FC) 2:00 Duplicate Bridge (Bar) 3:00 Bunco (CAR) 3:00 PBS Series: The Vietnam War (HP) 7:00 Movie: <u>Fences</u> (HP)</p>	<p>NO YOGA LIVE! 21</p> <p>8:30 Total Workout (FC) 10:15 Stay Fit (FC) 11:00 St. John's Seminar (HP)</p> <p>1:00 Peabody Institute (Balt.) 1:30 Catholic Communion (HP) 2:00 Building and Grounds Committee (CAR) 3:30 Social Hour (Lobby) 5:00 Open Ping Pong (FC) 7:30 Poker Night (Lib)</p>	<p>Thanksgiving 22</p> <p> 9:00 Macy's Day Parade (HP)</p> <p>Happy Thanksgiving! NO Transportation NO Fitness Classes Administrative Office CLOSED</p> <p>Thanksgiving Buffet Lobby & Main Dining Room 2 seatings - 11:30 am & 1:30 pm</p> <p>Reservations Required Call 443-837-0041 by November 16. Reservations on first-come, first-serve basis. Please specify 1st or 2nd seating.</p>	<p>Full Moon 23</p> <p>NO FITNESS CLASSES</p> <p>2:00 Open Art Studio (CAR) 7:00 Special Interest: <u>RBG: Ruth Bader Ginsberg</u> (HP)</p>	<p>24</p> <p>8:45 Tai Chi DVD (FC) 10:00 Open Ping Pong (FC) 11:00 Hookers and Purlers (CAR)</p> <p>2:00 Board Games (CAR) 5:00 Saturday Buffet 7:00 Movie: <u>A Small Act</u> (HP)</p>
<p>25</p> <p>9:00 Open Ping Pong (FC) 9:30 - 10:30 Church Runs 9:30 Mindful Meditation (CAR) 11:00 Sunday Brunch</p> <p>2:00 Canasta (CAR) 7:00 Movie: <u>Mr. Holmes</u> (HP)</p>	<p>26</p> <p>8:30 Total Workout (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Stay Fit (FC)</p> <p>3:00 Women's Bible Study (CAR) 3-6 Pill Take-back (CO) 3:45 Chair Yoga - DVD (FC) 7:00 Guest Performer: Bruce Thomas (Lobby)</p>	<p>27</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:15 Sit-N-Fit 2 (FC) 10:30 Spanish Group (CAR) 11:15 Sit-N-Fit 1 (FC)</p> <p>12:00 Birthday, Anniversary & New Resident Luncheon (MDR - By Invitation Only) 2:00 Duplicate Bridge (Bar) 7:00 Movie: <u>The Leisure Seeker</u> (HP)</p>	<p>28</p> <p>8:30 Total Workout (FC) 9:30 National Museum of the Bible (Washington D.C.) 10:15 Stay Fit (FC)</p> <p>1:30 Catholic Communion (HP) 3:00 Yoga Live (FC) 5:00 Open Ping Pong (FC) 7:30 Poker Night (Lib)</p>	<p>29</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:00 The Breakfast Club (HC4) 10:15 Sit-N-Fit 2 (FC) 11:15 Sit-N-Fit 1 (FC)</p> <p>1:00 Mah-Jongg (Bar) 3:00 Dartmouth's Great Issues (HP)</p>	<p>30</p> <p>8:30 Total Workout (FC) 10:15 Stay Fit (FC) 10:45 Key School Visit (HC4)</p> <p>2:00 Cornhole (FC) 2:00 Open Art Studio (CAR) 3:30 Inside the BayWoods Studio: Cathy Moore (HP)</p>	

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Highlighted In-House Events	AC	Activities Center - 4th Floor HCC (formerly Country Kitchen)	CAR	Creative Arts Room	Lib	Library
	Alcove	Window Alcove Outside of Norair Hall	CO	Conference Room in Admin Office	MD Hall	Maryland Hall
	BANR	Birthday, Anniversary & New Resident	COMM	Committee	MDR	Main Dining Room
Trips & Outings	BCFA	Baltimore Council on Foreign Affairs	CR	Card Room	NH	Norair Hall
	BCHC	BayWoods Housing Corporation	FC	Fitness Center	OTLB	Out to Lunch Bunch
New Classes or Changes in Time/Venue	BOD	Board of Directors	GC	Great Courses	PDR	Bistro Private Dining Room
	BWRA	BayWoods Resident Association	HC4	Health Care 4th Floor	PG	Putting Green
	BWTC	Baltimore World Trade Center	HP	Heron Point Room	**	Refreshments Available

October Birthday, Anniversary & New Resident Luncheon

November