



# The CORE: FEBRUARY 2020

COMMUNITY  
ORIENTED  
RETIREMENT  
EXPERIENCE

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

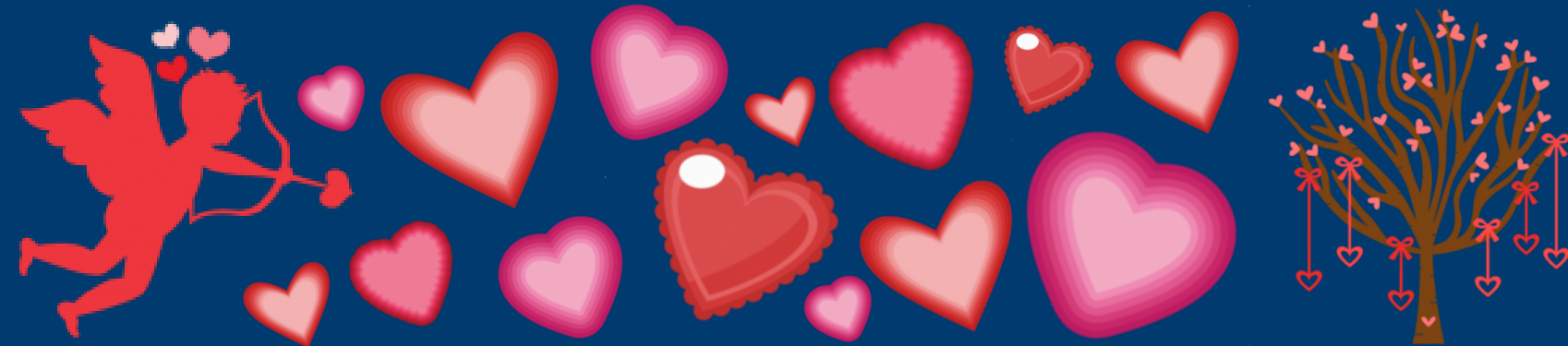
**Thursday**

**Friday**

**Saturday**



January Birthday, Anniversary & New Resident Luncheon



**1**  
8:45 Tai Chi DVD (FC)  
11:00 Hookers and Purlers (CR)  
  
2:00 Board Games (CR)  
5:00 Saturday Buffet  
7:00 Movie: Harriet (NH)

**2**

**3**

**4**

**5**

**6**

**National Wear Red Day 7**

**8**

9:30-10:30 Church Runs  
9:30 Mindful Meditation (CAR)  
11:00 Sunday Brunch  
  
2:00 Canasta (CR)  
6:00 Superbowl Party (NH)  
7:00 Movie: Sneakers (HP)

8:30 Total Workout (FC)  
9:00 First Grocery Run  
10:00 Memoirs, Poetry and Creative Writing (CR)  
10:00 Second Grocery Run  
10:15 Stay Fit (FC)  
  
1:00 Open Art Studio (CAR)  
1:00 Shop Around Town  
2:00 Current Events (CR)  
3:45 Chair Yoga - DVD (FC)

8:45 Tai Chi DVD (FC)  
9:15 Aquafit (Pool)  
10:15 Sit-N-Fit 2 (FC)  
10:30 Spanish Group (CR)  
11:15 Sit-N-Fit 1 (FC)  
  
2:00 Duplicate Bridge (CR)  
7:00 Movie: Amistad (NH)

8:30 Total Workout (FC)  
9:00 Bank Runs (Meet in Lobby)  
10:15 Stay Fit (FC)  
11:30 Out to Lunch Bunch (Adam's Ribs - Edgewater)  
  
1:30 Catholic Communion (HP)  
3:00 Yoga Live (FC)  
4:00 BayWoods Sing-a-long (NH)  
7:30 Poker Night (Lib)

8:45 Tai Chi DVD (FC)  
9:15 Aquafit (Pool)  
10:15 Sit-N-Fit 2 (FC)  
10:30 Breeze Committee (CR)  
11:15 Sit-N-Fit 1 (FC)  
  
1:00 Mah-Jongg (CR)  
4:15 BCFA: (BWTC)  
6:30 Maritime Lecture Series: "Queen Resort of the Chesapeake" (AMM)

8:30 Total Workout (FC)  
10:15 Stay Fit (FC)  
10:45 Intergenerational Visit (Key School Kindergarten)  
11:00 Activities Committee (CR)  
  
1:00 Episcopal Communion (NH)  
2:00 First Friday Fitness: Basic CPR and Choking Class (FC)  
3:00 A Story Hour for Listeners (CR)

8:45 Tai Chi DVD (FC)  
11:00 Hookers and Purlers (CR)  
  
2:00 Board Games (CR)  
5:00 Saturday Buffet  
7:00 Movie: Auntie Mame (NH)

**9**

**10**

**11**

**12**

**13**

**Valentine's Day 14**

**15**

9:30-10:30 Church Runs  
9:30 Mindful Meditation (CAR)  
11:00 Sunday Brunch  
  
2:00 Canasta (CR)  
2:15 SCCA: Harbor City Music Chorus (Southern High School)  
7:00 Movie: Mommie Dearest (NH)

8:30 Total Workout (FC)  
9:00 First Grocery Run  
10:00 Memoirs, Poetry and Creative Writing (CR)  
10:00 Second Grocery Run  
10:15 Stay Fit (FC)  
  
1:00 Open Art Studio (CAR)  
1:30 Great Books (CR)  
3:00 Women's Bible Study (PDR)  
3:45 Chair Yoga - DVD (FC)

8:45 Tai Chi DVD (FC)  
9:15 Aquafit (Pool)  
10:15 Sit-N-Fit 2 (FC)  
10:30 Spanish Group (CR)  
11:15 Sit-N-Fit 1 (FC)  
  
1:00 Building and Grounds Committee (CAR)  
2:00 Duplicate Bridge (CR)  
2:00 Afternoon at the Opera: Lucia Di Lammermoor (NH)  
7:00 Movie: The Help (NH)

8:30 Total Workout (FC)  
9:00 Bank Runs (Meet in Lobby)  
10:15 Stay Fit (FC)  
  
1:00 Library Committee (Lib)  
1:30 Catholic Communion (HP)  
3:00 Caregivers Support (HP)  
3:00 Yoga Live (FC)  
7:30 Poker Night (Lib)

8:45 Tai Chi DVD (FC)  
9:15 Aquafit (Pool)  
10:15 Sit-N-Fit 2 (FC)  
11:15 Sit-N-Fit 1 (FC)  
  
1:00 Mah-Jongg (CR)  
1:30 BINGO with Doris (HP)  
2:00 Woodshop Meeting (Shop)  
3:00 Dartmouth's Great Issues (NH)  
6:30 Maritime Lecture Series: "Smoke by Day" (AMM)

8:30 Total Workout (FC)  
10:15 Stay Fit (FC)  
  
2:00 Bucket Putt (FC)  
3:30 The 'Not So' Newly Wed Game (NH)  
4:30 Read Across America Practice - Initial Meeting (NH)  
5:00 Special Valentine's Dinner (MDR & Bistro)

8:45 Tai Chi DVD (FC)  
11:00 Hookers and Purlers (CR)  
  
2:00 Board Games (CR)  
5:00 Saturday Buffet  
7:00 Movie: The Green Mile (NH)

← Comcast Installation in Resident Apartments →

Dining Reservations/  
Carry-Out Hotline:  
(443) 837-0041

# The CORE: FEBRUARY 2020

Maintenance/  
Housekeeping Hotline:  
(443) 837-1215

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 9:30-10:30 Church Runs 9:30 Mindful Meditation (CAR) 11:00 Sunday Brunch  2:00 Canasta (CR) 7:00 Movie: <u>Ad Astra</u> (NH)	<b>President's Day 17</b> 10:00 Memoirs, Poetry and Creative Writing (CR)  1:00 Open Art Studio (CAR) 3:00 Women's Bible Study (PDR)  <b>President's Day Holiday Brunch</b> Lobby & Main Dining Room <b>11:30 am - 1:30 pm</b> <b>No Reservations Required</b>  <b>Observed Holiday</b> <b>NO Transportation</b> <b>NO Fitness Classes</b> <b>NO Housekeeping</b> <b>Administrative Office CLOSED</b> <b>Sandbar CLOSED</b>	<b>18</b> 8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:15 Sit-N-Fit 2 (FC) 10:30 Town Hall Meeting with Frank McGovern (NH) 11:15 Sit-N-Fit 1 (FC)  2:00 Duplicate Bridge (CR) 4:30 Read Across America Practice (NH) 7:00 Movie: <u>Silverado</u> (NH)	<b>19</b> 8:30 Total Workout (FC) <b>9:00 First Grocery Run</b> <b>9:00 Bank Runs</b> (Meet in Lobby) 10:00 BCHC Finance, Audit & Capital Committee Meeting (Board Room) <b>10:00 Second Grocery Run</b> 10:15 Stay Fit (FC) <b>10:30 BWRA Board of Directors</b> (CR) 11:00 St. John's Seminar (HP)  <b>1:00 Errand Run</b> 1:00 BCHC House Committee (CAR) 1:30 Catholic Communion (HP) 3:00 Yoga Live (FC) 3:30 Social Hour (Lobby) 7:30 Poker Night (Lib)	<b>20</b> 8:45 Tai Chi DVD (FC) 9:15 Water Volleyball (Pool) 10:15 Sit-N-Fit 2 (FC) 11:15 Sit-N-Fit 1 (FC)  1:00 Mah-Jongg (CR) 3:00 Great Decisions (HP) <b>4:00 Zumba</b> (FC) <b>6:30 Maritime Lecture Series: "The Chesapeake Table"</b> (AMM)	<b>21</b> 8:30 Total Workout (FC) <b>9:00 Dry Cleaner pick up &amp; Pill Take-Back</b> (Zips and Commissary) 10:15 Stay Fit (FC) <b>11:00 BWRA Residents Meeting</b> (NH)  1:00 Episcopal Communion (NH) <b>1:00 Amish Market Run</b> (Meet in Lobby) 3:00 Book Club (CR) <b>4:00 Inside the BayWoods Studio: John Lowe</b> (NH) 7:00 Bunco (CR)	<b>22</b> 8:45 Tai Chi DVD (FC) 11:00 Hookers and Purlers (CR)  2:00 Board Games (CR) 5:00 Saturday Buffet 7:00 Movie: <u>Roman Holiday</u> (NH)
				<b>Locks and Key Fob Training</b>		
<b>23</b> 9:30-10:30 Church Runs 9:30 Mindful Meditation (CAR) 11:00 Sunday Brunch  2:00 Canasta (CR) <b>2:15 Naval Academy Glee Club Winter Musical: Oklahoma!</b> (USNA Mahan Hall) 6:30 Potluck Dinner (NH) 7:00 Movie: <u>Hidden Figures</u> (HP)	<b>24</b> 8:30 Total Workout (FC) <b>9:00 First Grocery Run</b> 10:00 Memoirs, Poetry and Creative Writing (CR) <b>10:00 Second Grocery Run</b> 10:15 Stay Fit (FC)  1:00 Open Art Studio (CAR) 3:00 Women's Bible Study (PDR) 3:45 Chair Yoga - DVD (FC)	<b>Fat Tuesday 25</b> 8:45 Tai Chi DVD (FC) 10:15 Sit-N-Fit 2 (FC) 10:30 Spanish Group (CR) 11:15 Sit-N-Fit 1 (FC)  12:00 Birthday, Anniversary & New Resident Luncheon (MDR - By Invitation Only) 2:00 Duplicate Bridge (CR) <b>3:30 Mardi Gras Social Hour</b> (NH) 7:00 Movie: <u>The Second Best Exotic Marigold Hotel</u> (NH)	<b>Ash Wednesday 26</b> 8:30 Total Workout (FC) <b>9:00 Bank Runs</b> (Meet in Lobby) 10:15 Stay Fit (FC)  1:30 Catholic Communion (HP) 2:00 Variety Show: All Cast Rehearsal (NH) 3:00 Yoga Live (FC) 7:30 Poker Night (Lib)	<b>27</b> 8:45 Tai Chi DVD (FC) 10:00 Breakfast Club (HC4 Living Room) 10:15 Sit-N-Fit 2 (FC) 11:15 Sit-N-Fit 1 (FC)  1:00 Mah-Jongg (CR) 3:00 Dartmouth's Great Issues (NH) <b>4:30 Read Across America Practice</b> (NH) <b>6:30 Maritime Lecture Series: "Working Toward a Sustainable Bay"</b> (AMM)	<b>28</b> 8:30 Total Workout (FC) 10:15 Stay Fit (FC)  2:00 Variety Show Rehearsal (NH) 2:00 Cornhole (FC) <b>7:00 Annapolis Symphony Orchestra</b> (MD Hall) 7:00 Special Interest Movie: <u>The Two Popes</u> (HP)	<b>29</b> 8:45 Tai Chi DVD (FC) 11:00 Hookers and Purlers (CR)  2:00 Variety Show Rehearsal (NH) 5:00 Saturday Buffet 7:00 Movie: <u>White Nights</u> (NH)
				<b>Pool CLOSED for Annual Cleaning</b>		

Highlighted In-House Events	AMM	Annapolis Maritime Museum	BWRA	BayWoods Resident Association	FC	Fitness Center	MDR	Main Dining Room
	BANR	Birthday, Anniversary & New Resident	BWTC	Baltimore World Trade Center	GC	Great Courses	NH	Norair Hall
Trips & Outings	BCFA	Baltimore Council on Foreign Affairs	CAR	Creative Arts Room	HC4	Health Care 4th Floor	PDR	Small Room between Norair Hall & Card Room
	BCHC	BayWoods Housing Corporation	CO	Conference Room (Board Room)	HCC	Health Care Center	SCCA	South County Concert Association
New Classes or Changes in Time/Venue	BOD	Board of Directors	CSC	Chesapeake Shakespeare Company	HP	Heron Point Room	SHS	Southern High School
	BR	Admin Office Board Room	CR	Card Room	Lib	Library	W's	Women's

