

Life...Assisted, Inspired

The Arbor at BayWoods Amenities

Healthcare Services

Bathing, dressing & mobility assistance
Colostomy, incontinent, and catheter care
Housekeeping and linen service
Licensed nursing staff on-duty 24 hours a day, 7 days a week
Licensed Physical, Occupational, and Speech Therapist on-site
Medication administration and pharmacy oversight
Physician-ordered diagnostic procedures (i.e. xrays, labs, etc.)
Physician visits
Preventative skin care

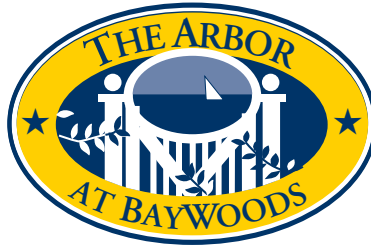
Clubhouse Features

The Chesapeake Bay a few steps away

See what it's like to have the Chesapeake Bay at your door and numerous benefits and activities at your disposal. Bask in the amenities of a resort and get the advanced care you need. You'll have ADA access to:

Bank on site
Billiards/Card room
Convenience Store
Croquet court
Dining venues
Fitness center with state-of-the-art equipment, locker rooms and showers
Hair Salon
Heated indoor pool
Library
Pets Welcome
Putting green
Three meals per day plus snacks
Transportation to medical appointments
Waterfront Boardwalk
Whirlpool/spa





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Dining

Residents look forward to three meals served in the Arbor dining room, prepared by our chef and his staff. We can accommodate special diets as required, and residents that are able can make their meal selections. Depending on mobility and dietary restrictions, residents and their guests are also welcome to dine in both the Bistro and Greenbury Point dining rooms in BayWoods. Reservations are required.

Mealtime is a great opportunity to make new friends as everyone comes together in the dining room, which also serves as a gathering place for activities and shows at various times. Check the activities schedule for a list of these events and times for meals. Often, family members visit during meals and activities making these events even more enjoyable.

Respite Stays at the Arbor

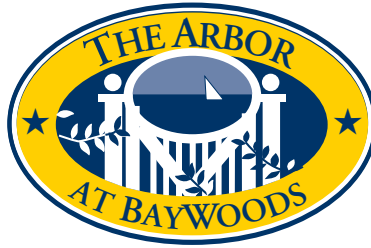
The Arbor offers short term respite stays of up to 30 days in our assisted living. It is the perfect solution to the dilemma of "where can my loved one go while I am on vacation"...or perhaps a caregiver needs surgery and are at a loss as to where mom and dad could be safe and cared for during the rehabilitation period.

We serve three chef prepared meals to meet your dietary needs.

There is a full range of activities offered, including an indoor pool and spa. Residents can walk down to the pier on the boardwalk and then sharpen their putting skills on our putting green. Movies are shown several times a week and the fitness center offers state of the art equipment.

The Arbor has a nursing staff on site 24 hours /7 days a week. We will work with you to craft a plan of care based on individual needs. The price per diem will be determined by the amount of care that is needed.





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Examples of Activities Available to Arbor Residents

Arts and crafts
Beauty makeovers
Bingo (quarter bingo)
Bridge (weekly social bridge)
Games (other floor and table games)
Happy hour with entertainment
Holiday celebrations
Mini-massages
Movies (Nights at the Movies)
Roll and stroll
Scrapbooking
Sing-a-long fun
Sit and fit
Speakers
Spiritual life activities

Services for additional fee

Community lunch bunch restaurant trips
Hairdresser
Newspaper delivery
Personal laundry
Private catering
Transportation to off-site events

