





Dining Reservations & Carry-Out Hotline: (443) 837-0041

# The CORE: October 2017

Maintenance & Housekeeping Hotline: (443) 837-1215

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:00 Caregiver Support (HP) 3:30 Bocce Ball (CC) 7:00 <b>Movie: Hanover Street (NH)</b> 9—4 Ping-Pong! (FC)</p>	<p><b>2</b></p> <p>8:30 Fitness 101 (FC) 9:00 <b>Life Line Screening (NH)</b> 9:00 <b>First Grocery Run</b> 10:00 <b>Second Grocery Run</b> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <b>Mind Benders (NH)</b></p> <p>1:00 <b>Shop Around Town</b> 2:00 Current Events (CAR) 3:30 W Bible Study (CAR) 4:00 Chair Yoga - DVD (FC)</p>	<p><b>3</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 <b>Senior Fitness Testing (FC)</b> 1:00 Writing Class (CAR) 2:00 Duplicate Bridge (CR) 7:30 <b>Movie: 90 Minutes in Heaven (NH)</b></p>	<p><b>4</b></p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1:30 Catholic Communion (CR) 1:30 <b>Health and Wellness Orientation (NH)</b> 2:00 <b>Senior Fitness Testing (FC)</b> 3:00 Yoga with Guest Instructor (FC) 4:00 <b>BayWoods Singers (NH)</b> 7:30 Poker Night (Lib)</p>	<p><b>5</b>  <b>Full Moon</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:00 Breeze Committee (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 <b>Senior Fitness Testing (FC)</b> 1:00 Mah-Jongg (CR) 7:15 Round Robin Bridge (CR)</p>	<p><b>6</b></p> <p>8:30 Fitness 101 (FC) 9:00 <b>Fall Garage Sale Set-Up (Parking Garage Level 2)</b> 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1:00 Episcopal Communion (NH) 2:00 <b>First Friday Fitness: Exercise, Resiliency, Life Purpose and Longevity (FC)</b> 7:15 <b>ASO: Opening Night (MD Hall)</b> 1—4 Open Art Studio (CAR)</p>	<p><b>7</b></p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 <b>Movie: Gidget (NH)</b> 9—4 Ping-Pong! (FC)</p> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p><b>BayWoods Fall Garage Sale</b> 7 am - 12 noon (P2 Parking Garage)</p> </div>
<p><b>8</b></p> <p>9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:30 Bocce Ball (CC) 7:00 <b>Movie: The Blind Side (NH)</b> 9—4 Ping-Pong! (FC)</p>	<p><b>9</b>  <b>Columbus Day</b></p> <p>8:30 Fitness 101 (FC) 9:00 <b>First Grocery Run</b> 10:00 <b>Second Grocery Run</b> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <b>Activities Comm (CR)</b></p> <p>1:30 Great Books (CR) 2:00 <b>Art Committee (CAR)</b> 3:30 W Bible Study (CAR) 4:00 Chair Yoga - DVD (FC) 7:30 <b>BayWoods Rhythm Band Practice (NH)</b></p>	<p><b>10</b></p> <p>8:45 Tai Chi DVD (FC) 9:00 <b>Flu Shot Clinic (CAR)</b> 9:15 Aquafit (Pool) 10:30 Spanish Group (CAR) 10:30 Water Walking (Pool) 10:30 BWRA BOD (CR) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 <b>Senior Fitness Testing (FC)</b> 1:00 Writing Class (CAR) 2:00 Duplicate Bridge (CR) 2:30 Shop Comm (Shop) 7:30 <b>Movie: La La Land (NH)</b></p>	<p><b>11</b></p> <p>8:30 Fitness 101 (FC) 9:00 <b>Flu Shot Clinic (CAR)</b> 10:15 Sit-N-Fit Level 2 (FC) 10:15 <b>Matinee: Native Gardens (Arena Stage)</b></p> <p>1:30 Catholic Communion (CR) 1:30 Library Committee (Lib) 2:00 <b>Senior Fitness Testing (FC)</b> 2:00 <b>Meet the BWRA Candidates (NH)</b> 3:00 Yoga with Guest Instructor (FC) 7:30 Poker Night (Lib)</p>	<p><b>12</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 <b>Senior Fitness Testing (FC)</b> 1:00 Mah-Jongg (CR) 1:30 <b>BINGO! (NH)</b> 6:30 <b>SCCA: ABBA Fab (SHS)</b> 7:15 Round Robin Bridge (CR)</p>	<p><b>13</b></p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 11:00 <b>Guest Presentation: Echoes of Nature (HC4 Living Room)</b></p> <p>1:00 <b>Voting for BWRA Board Members (NH)</b> 2:00 <b>BWRA Meeting (NH)</b> 3:30 <b>Cornhole (Patio)</b> 7:30 <b>Special Interest: The Devil's Miner (NH)</b> 1—4 Open Art Studio (CAR)</p>	<p><b>14</b></p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:00 <b>Movie: Ryan's Daughter (NH)</b> 7:15 <b>LAM: American Songbook, Porter &amp; Gershwin (MD Hall)</b> 9—4 Ping-Pong! (FC)</p>



**BAY WOODS**  
of ANNAPOLIS

**COMMUNITY ORIENTED RETIREMENT EXPERIENCE**

Highlighted In-House Events	AC	Activities Center - 4th Floor HCC (formerly Country Kitchen)	BOD	Board of Directors	CO	Conference Room	GC	Great Courses	LAM	Live Arts Maryland	OTLB	Out to Lunch Bunch
Trips & Outings	ASO	Annapolis Symphony Orchestra	BWRA	BayWoods Resident Association	COMM	Committee	HC3	Health Care 3rd Floor	Lib	Library	PDR	Bistro Private Dining Room
New Classes or Changes in Time/Venue	BANR	Birthday, Anniversary & New Resident Luncheon	BWTC	Baltimore World Trade Center	CR	Card Room	HC4	Health Care 4th Floor	MD Hall	Maryland Hall	SCCA	South County Concert Association
	BCFA	Baltimore Council on Foreign Affairs	CAR	Creative Arts Room	DTA	Downtown Annapolis	HP	Heron Point Room	MDR	Main Dining Room	SHS	Southern High School
	BCHC	BayWoods Housing Corporation	CC	Croquet Court	FC	Fitness Center	HP	Heron Point Room	NH	Norair Hall	W	Women's

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>15</b></p> <p>9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch 2:00 Canasta (CR) 3:00 Caregiver Support (HP) 3:30 Bocce Ball (CC) 7:00 <u>Movie: A Little Princess (NH)</u> 9—4 Ping-Pong! (FC)</p>	<p><b>16</b></p> <p>8:30 Fitness 101 (FC) 9:00 <u>First Grocery Run</u> 10:00 <u>Second Grocery Run</u> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <u>Tech Class (NH)</u> 1:00 <u>Errand Run</u> 2:00 <u>Guest Performer: Roderick Demmings (NH)</u> 2:00 Current Events (CAR) 3:30 W Bible Study (CAR) 4:00 Chair Yoga - DVD (FC)</p>	<p><b>17</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Water Walking (Pool) 10:30 <u>Town Hall with Frank McGovern (NH)</u> 11:15 Sit-N-Fit Level 1 (FC) 1:00 <u>Senior Fitness Testing (FC)</u> 1:00 Writing Class (CAR) 2:00 Duplicate Bridge (CR) 3:00 <u>GC Irish History (NH)</u> 3:00 House Comm (CAR) 7:30 <u>Movie: To Catch a Thief (NH)</u></p>	<p><b>18</b></p> <p>8:30 Fitness 101 (FC) 9:45 <u>Annapolis Trolley Tour (Meet in Lobby)</u> 10:15 Sit-N-Fit Level 2 (FC) 1:30 Catholic Communion (CR) 2:00 <u>Senior Fitness Testing (FC)</u> 2:30 Building and Grounds Committee (CAR) 3:00 Yoga with Guest Instructor (FC) 4:00 <u>BCFA (BWTC)</u> 4:00 <u>Oktoberfest Social Hour (NH)</u> 7:30 Poker Night (Lib)</p>	<p><b>19</b> 🔥 <u>Annual Fire Drill</u></p> <p>8:45 Tai Chi DVD (FC) 9:00 <u>Water Volleyball (Pool)</u> 9:15 Aquafit (Pool) 9:30 <u>OnSite Dermatology</u> 10:00 Breeze Committee (CR) 10:30 Water Walking (Pool) 11:00 <u>Annual Fire Drill</u> 11:15 Sit-N-Fit Level 1 (FC) 1:00 <u>Senior Fitness Testing (FC)</u> 1:00 Mah-Jongg (CR) 3:00 Great Decisions (NH) 7:15 Round Robin Bridge (CR)</p>	<p><b>20</b></p> <p>8:30 Fitness 101 (FC) 9:00 <u>Dry Cleaner Pick Up (Zips, Giant, Commissary)</u> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <u>Putting Challenge - Trophy Round (Putting Green)</u> 1:00 <u>Amish Market Run</u> 2:00 Book Club (CR) 1:45 <u>Walk in the Park (Quiet Waters Park)</u> 7:00 <u>USNA Ensemble (NH)</u> 1—4 Open Art Studio (CAR)</p>	<p><b>21</b></p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 <u>Movie: The Monuments Men (NH)</u> 9—4 Ping-Pong! (FC)</p>
<p><b>22</b></p> <p>9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic Trinity Methodist 10:30 USNA Chapel First Presbyterian 10:00 <u>Alzheimer's Walk (DTA)</u> 11:00 Sunday Brunch 2:00 Canasta (CR) 3:30 Bocce Ball (CC) 7:00 <u>Movie: Out of Africa (NH)</u> 9—4 Ping-Pong! (FC)</p>	<p><b>23</b></p> <p>8:30 Fitness 101 (FC) 9:00 <u>BayWoods Picture Day (CAR)</u> 9:00 <u>First Grocery Run</u> 10:00 <u>Second Grocery Run</u> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <u>Mind Benders (NH)</u> 1:00 <u>Halloween &amp; Fall Door Decorating Contest</u> 3:30 W Bible Study (CAR) 4:00 Chair Yoga - DVD (FC) 4:00 <u>BCFA (BWTC)</u> 4:30 <u>Fall Piano Recital (NH)</u> 7:30 <u>BayWoods Rhythm Band Practice (NH)</u></p>	<p><b>24</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC) 12:00 <u>BANR Luncheon (MDR)</u> 1:00 <u>Senior Fitness Testing (FC)</u> 1:00 Writing Class (CAR) 2:00 Duplicate Bridge (CR) 7:30 <u>Movie: Quartet (NH)</u></p>	<p><b>25</b></p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 10:30 BCHC Capital &amp; Finance Committee (CAR) 11:00 <u>Out to Lunch Bunch (B&amp;O American Brasserie)</u> 11:00 <u>St. John's Seminars (PDR)</u> 1:00 <u>BayWoods Picture Day (CAR)</u> 1:30 Catholic Communion (CR) 2:00 <u>Senior Fitness Testing (FC)</u> 3:00 Yoga with Guest Instructor (FC) 7:30 Poker Night (Lib)</p>	<p><b>26</b></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:00 <u>The Breakfast Club (HC4 Living Room)</u> 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC) 1:00 <u>Senior Fitness Testing (FC)</u> 1:00 Mah-Jongg (CR) 7:00 <u>Haunted Hollywood Halloween Party with Entertainment (NH)</u></p>	<p><b>27</b></p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 2:00 <u>BayWoods Swimmers (Pool)</u> 3:30 <u>Inside the BayWoods Studio: Milla Pagent (NH)</u> 7:15 <u>Halloween &amp; All Saint's Concert (USNA Chapel)</u> 1—4 Open Art Studio (CAR)</p>	<p><b>28</b></p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 <u>Movie: Phantom of the Opera (NH)</u> 9—4 Ping-Pong! (FC)</p>

<p><b>29</b></p> <p>9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch 2:00 Canasta (CR) 3:00 Caregiver Support (HP) 3:30 Bocce Ball (CC) 7:00 <u>Movie: Beetlejuice (NH)</u> 9—4 Ping-Pong! (FC)</p>	<p><b>30</b></p> <p>8:30 Fitness 101 (FC) 9:00 <u>First Grocery Run</u> 10:00 <u>Second Grocery Run</u> 10:15 Sit-N-Fit Level 2 (FC) 11:00 <u>Tech Class (NH)</u> 3:30 W Bible Study (CAR) 4:00 Chair Yoga - DVD (FC)</p>	<p><b>31</b> 🎃 <u>Halloween</u></p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC) 1:00 <u>Senior Fitness Testing (FC)</u> 1:00 Writing Class (CAR) 2:00 Duplicate Bridge (CR) 3:00 <u>GC Irish History (NH)</u> 7:30 <u>Movie: Hocus Pocus (NH)</u></p>
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# October








September Birthday, Anniversary & New Resident Luncheon