




Dining Reservations & Carry-Out Hotline: (443) 837-0041

The CORE: AUGUST 2017

Maintenance & Housekeeping Hotline: (443) 837-1215

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
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|  <p>BAY WOODS of ANNAPOLIS</p> <p>COMMUNITY ORIENTED RETIREMENT EXPERIENCE</p> | |  <p>Out to Lunch Bunch at Pirate's Cove</p> | | <p>1</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>2:00 Duplicate Bridge (CR) 7:30 Movie: <u>My Fair Lady</u> (NH)</p> | <p>2</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1:30 Catholic Communion (CR) 3:30 Yoga with Guest Instructor Jill Kraz (FC) 7:30 Poker Night (Lib)</p> | <p>3</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:00 Breeze Committee (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 Mah-Jongg (CR) 3:00 Men's Group (HC4 AC) 6:30 Tide & Tunes Concert Series: Sean Hetrick & The Leftovers (AMM)</p> | <p>4</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 11:00 Activities Committee (CR)</p> <p>1:00 Episcopal Communion (NH) 2:00 Cornhole (Patio) 7:30 Encore Movie: <u>Spotlight</u> (NH) 1-4 Open Art Studio (CAR)</p> | <p>5</p> <p>10:00 Backyard Croquet (CC) 11:00 Hookers and Purlers (CAR)</p> <p>2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>Bridge of Spies</u> (NH) 9-4 Ping-Pong! (FC)</p> |
| <p>6</p> <p>9:00 First Presbyterian 9:30 St. Luke's Episcopal 10:00 Heritage Baptist St. Mary's Catholic 10:30 Trinity Methodist USNA Chapel 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:00 Caregiver Support (CAR) 3:30 Bocce Ball (CC) 4:15 Summer Concert Series: Shenandoah Run (LT&G) 7:00 Movie: <u>Cabaret</u> (NH)</p> <p>9-4 Ping-Pong! (FC)</p> | <p> Full Moon 7</p> <p>8:30 Fitness 101 (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1:00 Shop Around Town 2:00 Art Committee (CR) 4:00 Yoga - with Jill Kraz (FC) 7:30 BayWoods Rhythm Band "Movers and Shakers" Concert (NH)</p> | <p>8</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 10:30 BWRA Board of Directors (CR) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>2:00 Shop Comm (Shop) 2:00 Duplicate Bridge (CR) 3:00 GC Irish History: Penal Laws & Protestant/ Turn of 19th Century (NH) 7:30 Movie: <u>We Bought a Zoo</u> (NH)</p> | <p>9</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1-5 CPR & First Aid Class (FC) 1:30 Catholic Communion (CR) 1:30 Library Comm (Lib) 5:15 Wednesday Night Races (City Dock) 7:30 Poker Night (Lib)</p> | <p>10</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 9:30 Bowie Baysox Baseball Game (Bowie, MD) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 Mah-Jongg (CR) 1:30 BINGO! (NH) 3:00 GC Dante's Comedy: Emperor Speaks/ Saints & Sages (NH)</p> | <p>11</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 11:00 BWRA Meeting (NH)</p> <p>2:00 Fitness & Wellness Guest Speaker: Younger Next Year (FC) 3:30 Inside the BayWoods Studio: Jack Cistrano (NH)</p> <p>1-4 Open Art Studio (CAR)</p> | <p>12</p> <p>10:00 Backyard Croquet (CC) 11:00 Hookers and Purlers (CAR)</p> <p>2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>Princess Kaiulani</u> (NH) 9-4 Ping-Pong! (FC)</p> | | |

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| Highlighted In-House Events | AC | Activities Center - 4th Floor HCC (formerly Country Kitchen) | BCHC | BayWoods Housing Corporation | CC | Croquet Court | FC | Fitness Center | HC4 | Health Care 4th Floor | MDR | Main Dining Room |
| Trips & Outings | AMM | Annapolis Maritime Museum | BOD | Board of Directors | CO | Conference Room | GC | Great Courses | HCC | Health Care Center | NH | Norair Hall |
| New Classes or Changes in Time/Venue | BANR | Birthday, Anniversary & New Resident Luncheon | BWRA | BayWoods Resident Association | COMM | Committee | HC3 | Health Care 3rd Floor | Lib | Library | OTLB | Out to Lunch Bunch |
| | BCFA | Baltimore Council on Foreign Affairs | CAR | Creative Arts Room | CR | Card Room | HC4 | Health Care 4th Floor | LT&G | Historic London Town & Gardens | SERC | Smithsonian Environmental Research Center |



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|--|
| <p>13</p> <p>9:00 First Presbyterian 9:30 St. Luke's Episcopal 10:00 Heritage Baptist 10:30 Trinity Methodist USNA Chapel 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:30 Bocce Ball (CC) 4:15 Summer Concert Series: Guava Jelly (LT&G) 7:00 Movie: <u>Hachi</u> (NH) 9—4 Ping-Pong! (FC)</p> | <p>14</p> <p>8:30 Fitness 101 (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Sit-N-Fit Level 2 (FC)</p> <p>1:30 Great Books (CR) 3:00 Tech Class: Pictures for iPad and iPhone Continued (NH) 4:00 Chair Yoga - DVD (FC) 7:30 Guest Performer: Bruce Thomas (NH)</p> | <p>15</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 10:30 Town Hall with Frank McGovern (NH) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>2:00 Duplicate Bridge (CR) 3:00 House Comm (CAR) 6:00 SERC Lecture: Clean Air, Clean Water (Edgewater, MD) 7:30 Movie: <u>Mata Hari</u> (NH)</p> | <p>16</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 10:15 Bay Lighthouse Cruise with Watermark (City Dock)</p> <p>1:30 Catholic Communion (CR) 3:30 Yoga with Guest Instructor Jill Kraz (FC) 4:00 Social Hour (Lobby) 7:30 Poker Night (Lib)</p> | <p>17</p> <p>8:45 Tai Chi DVD (FC) 9:00 Water Volleyball (Pool) 10:00 Breeze Comm (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>1:00 Mah-Jongg (CR) 2:30 Building and Grounds Committee (CAR) 3:00 Great Decisions (NH) 3:00 Men's Group (HC4 AC)</p> | <p>18</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 11:00 BayWoods Putting Challenge (Putting Green)</p> <p>1:00 Amish Market Run (Meet in Lobby) 2:00 Book Club (CR) 2:00 Walk in the Park (Quiet Waters)</p> <p>1—4 Open Art Studio (CAR)</p> | <p>19</p> <p>10:00 Backyard Croquet (CC) 11:00 Hookers and Purlers (CAR)</p> <p>2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>The Odd Life of Timothy Green</u> (NH)</p> <p>9—4 Ping-Pong! (FC)</p> |
| <p>20</p> <p>9:00 First Presbyterian 9:30 St. Luke's Episcopal 10:00 Heritage Baptist 10:30 Trinity Methodist USNA Chapel 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:30 Bocce Ball (CC) 7:00 Movie: <u>Lion</u> (NH)</p> <p>9—4 Ping-Pong! (FC)</p> | <p>NO FITNESS CLASSES 21</p> <p>9:00 First Grocery Run 10:00 Second Grocery Run</p> <p>1:00 Errand Run 2:00 Guest Performer: Susan Jones Jazz Ensemble (NH) 2:45 Solar Eclipse (Pier or Patio) 4:00 Chair Yoga - DVD (FC)</p> | <p>NO FITNESS CLASSES 22</p> <p>8:45 Tai Chi DVD (FC) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool)</p> <p>2:00 Duplicate Bridge (CR) 3:00 GC Irish History: O'Connell & Great Famine/ Celtic Revival (NH) 7:30 Movie: <u>Top Hat</u> (NH)</p> | <p>NO FITNESS CLASSES 23</p> <p>11:30 Out to Lunch Bunch (The Severn Inn)</p> <p>1:30 Catholic Communion (CR) 3:30 Yoga with Guest Instructor Jill Kraz (FC) 7:30 Poker Night (Lib)</p> | <p>NO FITNESS CLASSES 24</p> <p>8:45 Tai Chi DVD (FC) 10:00 The Breakfast Club (HC4 Living Room) 10:30 Water Walking (Pool)</p> <p>1:00 Mah-Jongg (CR) 3:00 GC Dante's Comedy: Mission Revealed/ Can a Pagan be Saved? (NH)</p> | <p>NO FITNESS CLASSES 25</p> <p>9:00 Dry Cleaner Pick Up (Zips, Giant and Commissary)</p> <p>3:30 BayWoods Game Show Series: Liar's Club (NH) 7:30 Special Interest: <u>A Man Among Wolves</u> (NH)</p> <p>1—4 Open Art Studio (CAR)</p> | <p>26</p> <p>10:00 Backyard Croquet (CC) 11:00 Hookers and Purlers (CAR)</p> <p>2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>Queen of Katwe</u> (NH) 9—4 Ping-Pong! (FC)</p> |
| <p>27</p> <p>9:00 First Presbyterian 9:30 St. Luke's Episcopal 10:00 Heritage Baptist 10:30 Trinity Methodist USNA Chapel 11:00 Sunday Brunch</p> <p>2:00 Canasta (CR) 3:00 Caregiver Support (CAR) 3:30 Bocce Ball (CC) 7:00 Movie: <u>Jackie</u> (NH) 9—4 Ping-Pong! (FC)</p> | <p>28</p> <p>8:30 Fitness 101 (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Sit-N-Fit Level 2 (FC)</p> <p>3:00 Tech Class: Security for All Devices (NH) 4:00 Chair Yoga - DVD (FC)</p> | <p>29</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Spanish Group (CR) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit Level 1 (FC)</p> <p>12:00 BANR Luncheon (MDR - By Invitation Only) 2:00 Duplicate Bridge (CR) 7:30 Movie: <u>Footloose</u> (NH)</p> | <p>30</p> <p>8:30 Fitness 101 (FC) 10:15 Sit-N-Fit Level 2 (FC) 10:30 BCHC Capital & Finance Comm (CAR)</p> <p>1:30 Catholic Communion (CR) 3:30 Yoga with Guest Instructor Jill Kraz (FC) 7:30 Poker Night (Lib)</p> | <p>31</p> <p>8:45 Tai Chi DVD (FC) 10:30 Water Walking (Pool)</p> <p>11:15 Sit-N-Fit Level 1 (FC) 1:00 Mah-Jongg (CR) 7:00 Summer Sock Hop with Entertainment "Moxie" (NH)</p> | <p> July Birthday, Anniversary & New Resident Luncheon </p> <p></p> <p> AUGUST</p> | |