

Dining Reservations/
Carry-Out Hotline:
(443) 837-0041

The CORE: JANUARY 2018

Maintenance/
Housekeeping Hotline:
(443) 837-1215

Sunday

Monday

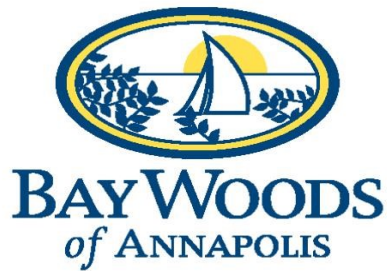
Tuesday

Wednesday

Thursday

Friday

Saturday



COMMUNITY ORIENTED RETIREMENT EXPERIENCE

December Birthday, Anniversary & New Resident Luncheon

| | | | | | | |
|--------------------------------------|--------|--------------------------------------|------|-----------------------|---------|----------------------------|
| Highlighted In-House Events | AC | Activities Center - 4th Floor HCC | CAR | Creative Arts Room | Lib | Library |
| | Alcove | Window Alcove Outside of Norair Hall | COMM | Committee | MD Hall | Maryland Hall |
| | BANR | Birthday, Anniversary & New Resident | CR | Card Room | MDR | Main Dining Room |
| Trips & Outings | BCFA | Baltimore Council on Foreign Affairs | FC | Fitness Center | NH | Norair Hall |
| | BCHC | BayWoods Housing Corporation | GC | Great Courses | OTLB | Out to Lunch Bunch |
| New Classes or Changes in Time/Venue | BOD | Board of Directors | HC4 | Health Care 4th Floor | PDR | Bistro Private Dining Room |
| | BWRA | BayWoods Resident Association | HCC | Health Care Center | SCSC | South County Senior Center |
| | BWTC | Baltimore World Trade Center | HP | Heron Point Room | W's | Women's |



New Year's Day 1
ADMIN OFFICE CLOSED
NO TRANSPORTATION
NO FITNESS CLASSES
NO HOUSEKEEPING

New Year's Day Buffet
Lobby & Main Dining Room
2 seatings - 11:30 am & 1:30 pm
Reservations Required
Call 443-837-0041 by December 25. Reservations are first-come, first-served. Please specify 1st or 2nd seating.

2
8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:30 Water Walking (Pool)
10:30 Spanish Group (CR)
11:15 Sit-N-Fit (FC)

2:00 Duplicate Bridge (CR)
7:30 **Movie: USS Indianapolis: Men of Courage (NH)**

3
8:30 Total Workout (FC)
9:00 **First Grocery Run**
10:00 **Second Grocery Run**
10:15 Stay Fit (FC)

1:00 **Shop Around Town**
3:00 Yoga LIVE! with Guest Instructor (FC)
5:00 Ping-Pong! (FC)
7:30 Poker Night (Lib)

4
8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:00 Breeze Committee (CAR)
10:30 Water Walking (Pool)
11:00 **Activities Committee (CR)**
11:15 Sit-N-Fit (FC)

1:00 Mah-Jongg (CR)
3:00 Dartmouth's Global Challenges (NH)

5
8:30 Total Workout (FC)
9:00 **Ascent Audiology & Hearing (HCC - By Appointment)**
10:15 Stay Fit (FC)
1:00 Episcopal Communion (CAR)
2:00 **First Friday Fitness: Exercise for Energy (FC)**

2-4 Open Art Studio (CAR)

6
11:00 Hookers and Purlers (CAR)
2:00 Board Games (CR)
5:00 Saturday Buffet
7:30 **Movie: Mamma Mia! (NH)**

9-4 Ping-Pong! (FC)

7
9:30 **St. Luke's**
10:00 **St. Mary's Catholic Heritage Methodist Trinity Methodist**
10:30 **USNA Chapel First Presbyterian**
11:00 Sunday Brunch

2:00 Canasta (CR)
7:00 **Movie: The Young Victoria (NH)**

9-4 Ping-Pong! (FC)

Un-Decorating Day 8
8:30 Total Workout (FC)
9:00 **First Grocery Run**
10:00 **Second Grocery Run**
10:00 **Art Committee (CR)**
10:15 Stay Fit (FC)

1:30 Great Books (CR)
3:30 W's Bible Study (CAR)
4:00 Chair Yoga - DVD (FC)
7:30 BayWoods Rhythm Band Practice (NH)

Un-Decorating Day 9
8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:30 Water Walking (Pool)
10:30 Spanish Group (CAR)
10:30 BWRA Board of Directors (CR)
11:15 Sit-N-Fit (FC)

2:00 Duplicate Bridge (CR)
2:30 Shop Meeting (Shop)
3:00 **GC Irish History (NH)**
7:30 **Bay Winds Band (NH)**

1-4 **OnSite Dermatology (By Appointment)**

10
8:30 Total Workout (FC)
10:15 Stay Fit (FC)

1:30 Library Committee (Lib)
3:00 Yoga LIVE! with Guest Instructor (FC)
4:00 **BayWoods Singers (NH)**
5:00 Ping-Pong! (FC)
7:30 Poker Night (Lib)

11
8:45 Tai Chi DVD (FC)
9:15 Aquafit (Pool)
10:30 Water Walking (Pool)
11:15 Sit-N-Fit (FC)



1:00 Mah-Jongg (CR)
1:30 **BINGO! (NH)**
3:00 Dartmouth's Global Challenges (NH)
4:00 **Vintage Entertainment (HC4 - Living Room)**
6:30 **Maritime Lecture Series: Tidewater by Steamboat (AMM)**

12
8:30 Total Workout (FC)
10:15 Stay Fit (FC)
3:00 **Beyond the Ballroom (NH)**

2-4 Open Art Studio (CAR)

13
11:00 Hookers and Purlers (CAR)
2:00 Board Games (CR)
5:00 Saturday Buffet
7:30 **Movie: Escape From Alcatraz (NH)**

9-4 Ping-Pong! (FC)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|---|---|--|---|---|---|
| <p>14</p> <p>9:30 St. Luke's 10:00 St. Mary's Catholic Heritage Methodist Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch 2:00 Canasta (CR) 2:30 Art Opening: Frank Brennan (NH) 7:00 Movie: <u>Lee Daniel's The Butler</u> (NH)</p> <p>9—4 Ping-Pong! (FC)</p> | <p>M.L.K. Day 15</p> <p>8:30 Total Workout (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Stay Fit (FC) 11:30 Minds in Motion (NH) 1:00 Errand Run 2:00 Current Events (CAR) 3:30 BayWoods Game Show Series: Martin Luther King Jr. Jeopardy (NH) 3:30 W's Bible Study (CAR) 4:00 Chair Yoga - DVD (FC)</p> | <p>16</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Special Town Hall with BCHC By Law Review (NH) 2:00 Duplicate Bridge (CR) 3:00 House Committee (CAR) 7:30 Movie: <u>Selma</u> (NH)</p> | <p>17</p> <p>8:30 Total Workout (FC) 9:00 National Gallery of Art (Washington D.C.) 10:15 Stay Fit (FC) 2:30 Building and Grounds Committee (CAR) 3:00 Yoga LIVE! with Guest Instructor (FC) 3:30 Social Hour (Lobby) 5:00 Ping-Pong! (FC) 7:30 Poker Night (Lib)</p> | <p>Lobster Night 18</p> <p>8:45 Tai Chi DVD (FC) 9:00 Water Volleyball (Pool) 10:00 Breeze Committee (CAR) 10:30 Water Walking (Pool) 10:45 Key School Visit (HC4 - Living Room) 11:15 Sit-N-Fit (FC) 1:00 Mah-Jongg (CR) 2:00 Book Club (CR) 3:00 Dartmouth's Global Challenges (NH) 4:00 BCFA: "Islamism: What is it and Where is it Going?" (BWTC)</p> | <p>19</p> <p>8:30 Total Workout (FC) 9:00 Dry Cleaner pick up (Zips, Giant and Commissary) 10:15 Stay Fit (FC) 1:00 Guest Speaker: Paul Bowlinger with CRAB Sailing (NH) 1:00 Amish Market Run 2:00 Corn Hole (FC) 2—4 Open Art Studio</p> | <p>20</p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>Cheaper by the Dozen</u> (NH) 9—4 Ping-Pong! (FC)</p> | |
| <p>21</p> <p>9:30 St. Luke's 10:00 St. Mary's Catholic Heritage Methodist Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch 2:00 Canasta (CR) 7:00 Movie: <u>The Three Musketeers (1939)</u> (NH)</p> <p>9—4 Ping-Pong! (FC)</p> | <p>22</p> <p>8:30 Total Workout (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Stay Fit (FC) 3:30 W's Bible Study (CAR) 4:00 Chair Yoga - DVD (FC) 7:30 BayWoods Rhythm Band Practice (NH)</p> | <p>23</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:30 Water Walking Pool 10:30 Spanish Group (CR) 11:15 Sit-N-Fit (FC) 2:00 Duplicate Bridge (CR) 3:00 GC Irish History (NH) 7:00 Guest Speaker: Admiral Guy Shaffer, The First Nuclear Submarine Trip to the North Pole (NH)</p> | <p>24</p> <p>8:30 Total Workout (FC) 10:15 Stay Fit (FC) 11:00 St. John's Seminars (PDR) 11:45 Out to Lunch Bunch (Carrol's Creek) 3:00 Yoga LIVE! with Guest Instructor (FC) 3:30 Inside the BayWoods Studio: Leila Youngren (NH) 5:00 Ping-Pong! (FC) 7:30 Poker Night (Lib)</p> | <p>25</p> <p>8:45 Tai Chi DVD (FC) 9:15 Aquafit (Pool) 10:00 The Breakfast Club (HC4 - Living Room) 10:30 Water Walking (Pool) 11:15 Sit-N-Fit (FC) 1:00 Mah-Jongg (CR) 3:00 Dartmouth's Global Challenges (NH) 6:30 Maritime Lecture Series: 35 Million Year Geological History of the Bay (AMM)</p> | <p>26</p> <p>8:30 Total Workout (FC) 10:15 Stay Fit (FC) 3:00 Beyond the Ballroom (NH) 7:30 Special Interest Movie Night: <u>JFK The Lost Inaugural Gala</u> (NH) 2—4 Open Art Studio (CAR)</p> | <p>27</p> <p>11:00 Hookers and Purlers (CAR) 2:00 Board Games (CR) 5:00 Saturday Buffet 7:30 Movie: <u>La Bamba</u> (NH) 9—4 Ping-Pong! (FC)</p> | |
| <p>28</p> <p>9:30 St. Luke's 10:00 St. Mary's Catholic Heritage Methodist Trinity Methodist 10:30 USNA Chapel First Presbyterian 11:00 Sunday Brunch 2:00 Canasta (CR) 6:30 Potluck Dinner (NH)</p> <p>9—4 Ping-Pong! (FC)</p> | <p>POOL CLOSED 29</p> <p>8:30 Total Workout (FC) 9:00 First Grocery Run 10:00 Second Grocery Run 10:15 Stay Fit (FC) 2:00 Special Shareholders Meeting (NH) 3:30 W's Bible Study (CAR) 4:00 Chair Yoga - DVD (FC)</p> | <p>POOL CLOSED 30</p> <p>8:45 Tai Chi DVD (FC) 10:30 Spanish Group (CR) 11:15 Sit-N-Fit (FC) 12:00 Birthday, Anniversary & New Resident Luncheon (MDR) 2:00 Duplicate Bridge (CR) 7:30 Movie: <u>Best of Me</u> (NH)</p> | <p>POOL CLOSED 31</p> <p>8:30 Total Workout (FC) 10:15 Stay Fit (FC) 10:30 BCHC Board, Capital and Finance Meeting (CAR) 12:30 BCHC Board Meeting (CAR) 3:00 Yoga LIVE! with Guest Instructor (FC) 5:00 Ping-Pong! (FC) 7:30 Poker Night (Lib)</p> | <p>The Pool will be CLOSED for annual maintenance from Monday, January 29 - Friday, February 2. All pool-related Fitness classes will be CANCELLED during this time.</p> <p>January</p> | | |   |